Gregory Bishop Servant of the Servants of God.

To our beloved daughters in Christ Clare and the other handmaids of Christ dwelling together at the Church of San Damiano in the Diocese of Assisi. Health and Apostolic benediction. It is evident that the desire of consecrating yourselves to God alone has led you to abandon every wish for temporal things. Wherefore, after having sold all your goods and having distributed them among the poor, you propose to have absolutely no possessions, in order to follow in all things the example of Him Who became poor and Who is the way, the truth, and the life. Neither does the want of necessary things deter you from such a proposal, for the left arm of your Celestial Spouse is beneath your head to sustain the infirmity of your body, which, according to the order of charity, you have subjected to the law of the spirit. Finally, He who feeds the birds of the air and who gives the lilies of the field their raiment and their nourishment, will not leave you in want of clothing or of food until He shall come Himself to minister to you in eternity when, namely, the right hand of His consolations shall embrace you in the plenitude of the Beatific Vision. Since, therefore, you have asked for it, we confirm by Apostolic favour your resolution of the loftiest poverty and by the authority of these present letters grant that you may not be constrained by anyone to receive possessions. To no one, therefore, be it allowed to infringe upon this page of our concession or to oppose it with rash temerity. But if anyone shall presume to attempt this, be it known to him that he shall incur the wrath of Almighty God and his Blessed Apostles, Peter and Paul.

Given at Perugia on the fifteenth of the Kalends of October in the second year of our Pontificate."